



Cincinnati's Oldest Soup Kitchen

Over-The-Rhine Kitchen
Walnut Hills Kitchen
Walnut Hills Pantry

Nourishing the Body, Mind, and Spirit



Kitchen Bites and Pantry Delites June 2011

Our Email is Now

aposervice01@gmail.com

Please delete our old email address!



Generosity Grows

Wondering what to do with your bumper crop of vegetables this summer?

Consider providing your extra produce to the Kitchens and Pantry as a valued and nutritious addition to our meals and pantry bags. Our guests don't always have access to fresh fruits and vegetables, so the bounty of your garden would be much appreciated! **Please call ahead at 513-961-1983, ext. 1**



Neyer Properties has chosen the Kitchens and Pantry to reap the bounty of their Keystone Community Garden in Evanston, OH. Tomatoes, peppers, corn, potatoes, green beans, lettuce, cucumbers and onions were planted by 47 volunteers, assisted by Neyer Management, Funky's Catering, CB Richard Ellis, Tri-State Services, the Red Cross, and Griffin Fletcher Herndon who provided meals, t-shirts, and a banner and will provide volunteers for on-going garden maintenance. Lawn Systems, Inc. provided tilling, the American Red Cross provided volunteers and irrigation, and Mills Fence Company provided a fence to protect the garden from animals. Thank you all!

OTR Again Meets BBB Standards

- ✓ For the third consecutive year, the Kitchens and Pantry have been named an accredited charity by the **Better Business Bureau** verifying we meet **BBB Wise Giving Alliance** standards. The rigorous Alliance evaluations address charity governance, finances, fundraising practices, website disclosures, and donor privacy. See give.org.
- ✓ Our **2010 Annual Report** is available at http://overtherhinekitchen.org/contact_reports.html or in hard copy, upon request. The Annual Report thanks donors and reviews our operations for the year.



We caught Stephanie Bowden and Phyllis Woodruff, two of our newest volunteers, packing pantry bags at the Walnut Hills

Freezer Needed



On April 21st, one of our upright freezers at the Walnut Hills Kitchen stopped working. Freezer space is critical for us to accept larger food donations from food manufacturers and restaurants. In order to avoid being forced to decline generous donations this summer, we are actively seeking a donor(s) to replace the freezer. As most readers know, the Kitchens and Pantry are supported almost entirely by private gifts. If you wish to help, please contact Executive Director Patricia Wakim at 513-961-1983, ext. 1, or by email at aposervice01@gmail.com

Pantry using bright, flowered bags donated by Duro Bag. Pantry volunteers pack all the bags needed each week before Pantry guests arrive, so that our distribution to guests is faster and more efficient. This and other volunteer opportunities are listed on page two. Thank you, Stephanie, Phyllis, and all our Pantry volunteers!

Easy, Secure Ways to Support the Kitchens & Pantry:

- ✓ Mail a check to P.O. Box 6045, Cincinnati, OH 45206
- ✓ Secure donation thru www.overtherhinekitchen.org [click on Make A Donation]
- ✓ Call 513-961-1983, ext. 1, for gifts of food, supplies, or equipment





Bags of Thanks

- ♥ An **anonymous donor** granted several of our wishes by supplying us with four 5-gallon water containers and two 12" stick immersion blenders. Your gifts have been *very welcome* by our Kitchen staff and volunteers!
- ♥ Thanks to the stars at **Macy's** for hundreds of sandwiches provided for our OTR guests. **Macy's Customer Service team** also sponsored their annual meal at the WH Kitchen.
- ♥ Homemade cookies were shared with our guests by **Cookies for Kairos**, a church program reaching out in God's love to prison inmates. Too many cookies were baked for the Lucasville Correctional Facility. We offer you abundant thanks!
- ♥ WH Kitchen welcomed **U of Cincinnati Bearcats #35 Josh Russ [tight end], #93 Brad Harrah [defensive tackle], #9 Dominique Battle [cornerback], and Milo Austin, Director of Player Development**, to serve lunch at the kitchen. Our guests appreciated Bearcats' graciousness in taking photos and signing autographs.
- ♥ A deep curtsy to the patrons of **The Pub** at Rookwood Mews who royally honored the WH Pantry by holding a food drive in celebration of the wedding of Prince William and Kate Middleton. The Pub wished to keep donations in their vicinity.
- ♥ Thank you **Presto Foods** for continuing to provide delicious food for our guests, including flour, cheese, meats, sauces, brownies, chili, hoagie buns, pasta, and a hugely popular luxury item – 17 cases of cheese pizzas for pantry bags!
- ♥ Cheers to **Sylvia Osterday**, one of our regular donors, who arranged with the **Cincinnati Wine Festival** to donate extra cups and condiments to the Kitchens. Thankfully, no wine though!
- ♥ **Jamble** shared a yummy batch of homemade granola. We salute the newly launched company for reaching out to the community so soon! Jamble is marketing its products at local farmer's markets such as the Findlay Market.
- ♥ **Greater Cincinnati Association Outreach** is GREAT for choosing the Kitchens and Pantry to provide periodic donations of tuna, juice, ravioli, oatmeal, macaroni and cheese, mixed vegetables, and canned fruit. Many thanks for your caring!
- ♥ **Ohmart Vega** in Oakley celebrated three years of volunteer support at the WH Kitchen. Groups of OV employees, coordinated by **Matthew Thomas**, volunteer several times a year and bring paper products whenever they visit. Hooray!
- ♥ Blessings to **Temple Shalom** for their annual food drive donation to the Pantry in commemoration of Passover. We also send a healthy thank you to **Curves** of Hyde Park for including us in their food drive this spring and to **Xavier University Occupational Therapy students** for their food drive. Thank you **Rachel Werenski** for delivering XU donations!



Thank You Weekday Volunteers

Weekday volunteers are the hands and hearts that

pick up donations, prepare food, cook, serve, and clean up in the Kitchens, as well as stock shelves, pack bags, and distribute groceries at the Pantry. We could not run the Kitchens and Pantry without our wonderful volunteers! We salute each of them for giving of themselves to serve those that have so little.

Valerie Badinghaus	Patsy Grote	Christina LaBazzo	Dennis Pratte	Rita Sedziol	Zack Tran
Stephanie Bowden	Jeanne Gudmens	Kit Lawrence	Lou Puopolo	Emme Shapiro	Donna Webber
Judy Caldwell	Germaine Hale	Sandy Lawrence	Annette Rickling	Ron Shapiro	Mike Weber
Clara Fambro	Bill Hoffman	Carol Mackey	Joyce Rohan	Sr. Julie Sheatzley	Peggy Weber
Greg Frank	Lauretta Hubbard	Deeann Martin	Ann Rooney	Sr. Pat Sheatzley	Phyllis Woodruff
Kathy Gallagher	Sam Hubbard	Joe McDevitt	Rachael Rosen	Joe Sorrentino	Larry Ziegler
Dolores Goldfinger	Tom Jett	Judy McKinney	Jack Ryan	Pete Sorrentino	Mary Ziegler
Skip Greenberg	Nancy Keating	David Ness	Jean Ryan	Cheryl Stevens	
Joe Grever	Bill [Mr. Bill] Kenny	Charlie Plummer	Donna Salmon	Diane Sweeny	

Try A Day With Us!

call 513-961-1983, ext. 2

- **Opportunities at both Kitchens Tuesday, Wednesday, &/or Thursday:**
 Preparation 9:00-11:30a.m. and/or
 Serving 12:00-1:00p.m. and/or
 Clean up 1:00-2:00p.m. and/or spend the day with us!
- **Opportunities at Pantry on Tuesday, Wednesday, and/or Thursday:**
 Bag groceries, stock shelves, etc. - 9:00-11:00a.m. or 10:00a.m.-12:00p.m.
 Finish bag preparation, distribute groceries to guests - 1:30-3:30p.m.
- **Pick up donations on Tuesday, Wednesday, and/or Thursday:**
 Requires a valid driver's license. Use our cargo van.
 9:00a.m. – approx. 12:00p.m. (depends on the number of pick ups)



Wish List

- 9" (or larger) plastic or Styrofoam plates
- 8 oz. paper or Styrofoam cups
- Plastic forks
- Paper napkins
- Square-bottom, heavy paper grocery bags (for distributing groceries at the Pantry)
- 1 gallon size or 1 quart size zip top bags
- 60 gallon trash bags
- Clean plastic grocery bags (previously used is OK)

Receive the newsletter by email....Save a stamp!
aposevice02@gmail.com or call us at 513-961-1983, ext. 2