



Cincinnati's Oldest Soup Kitchen

Over-The-Rhine Kitchen
Walnut Hills Kitchen
Walnut Hills Pantry

Nourishing the Body, Mind, and Spirit



Kitchen Bites and Pantry Delites

April 2014

Neither Ice Nor Snow Nor Sleet....

We are all looking forward to warmer spring weather after one of the coldest winters in years. On February 5, during one of our many ice and snow storms, the Over-The-Rhine Kitchen was the only soup kitchen open in downtown Cincinnati. We served 225 meals which included barbeque chicken, corn, salad, and bread pudding for dessert. Our guests were so thankful to find a warm place to eat such a delicious lunch! In 2013 the Over-The-Rhine and the Walnut Hills Kitchens served 245,153 meals and our Walnut Hills Pantry distributed groceries to about 6,283 individuals and families. We couldn't do this without you! We thank you for your continued generosity and support in our mission to care for the poor and homeless in our community. *Patricia Wakim, Executive Director*

Lace up your shoes and hit the pavement!

Hunger Walk & 5K Run Memorial Day, May 26

**Race begins at 9:00 a.m.
at Sawyer Point, along the Ohio River**

In the last 10 years the race has raised close to \$1 million to help feed our neighbors.

Register now and take a stand against hunger!

www.cincinnatihungerwalk.org



Enroll Your Kroger Card to Help the Kitchens and Pantry



Register your Kroger Plus Card and Kroger will pay the Kitchens and Pantry 5% of your total purchases! This program is separate from points you personally accumulate. Simply register your Kroger Plus card at www.kroger.com/communityrewards or at any Kroger store and designate "Over-The-Rhine & Walnut Hills Kitchen and Pantry" [68688] as your organization of choice.

Questions? Call Leslie at 513-961-1983, ext 2.

Weekend Warrior Opportunities



If your group of family, friends, or faith would like an opportunity to bless the hungry, it is available on Saturdays from noon to 1pm, at the WH Kitchen. Duties include preparing and serving lunch and cleaning up. We have two openings:

- ♥ 2nd Saturday of even months (6 times/year)
- ♥ 3rd Saturday of even months (6 times/year)

New Weekend Warriors will be provided orientation and staff support, as needed. Contact 513-961-1983, ext 2.

Our Wish List

- ♥ **9" (or larger) plastic or Styrofoam plates**
- ♥ **8 oz. paper or Styrofoam cups**
- ♥ **Plastic forks**
- ♥ **Paper napkins**
- ♥ **Square-bottom, large, heavy paper grocery bags**
- ♥ **1 quart size zip top bags**
- ♥ **60 gallon trash bags**
- ♥ **Plastic grocery bags**



Easy, Secure Ways to Support the Kitchens & Pantry:

- ✓ Mail a check to P.O. Box 6045, Cincinnati, OH 45206
- ✓ Secure donation thru www.overtherhinekitchen.org [click on Make A Donation]
- ✓ Call 513-961-1983, ext 2, for gifts of food, supplies, or equipment





Bags of Thanks

- ♥ Thank you to Springer School and St. Xavier High School for the donation of canned goods. We appreciate all you do for us!
- ♥ Warm thanks to Anna and Jen at Walk Away Stylin' salon in Deer Park for sponsoring a coat drive for our kitchens. Our guests loved the coats and wore them home on a cold day.
- ♥ A special thank you to Maria Fox and her children for preparing special gift bags and passing them out to our pantry guests. Each gift was received with a big smile.
- ♥ The Wise Temple Brotherhood hosted its 10th Annual Chicken Noodle Soup Cook Off and sent us a generous amount of delicious soup. Our guests loved the soup. Thank you!

TREASURES
4
CHARITY

Give Back by Giving Away

What should you do with gently used furniture and accessories? Donate them for the WH Kitchen and Pantry!

Treasures 4 Charity is an upscale resale/consignment shop for furniture and home accessories (no clothing). If you designate the WH Kitchen and Pantry when donating your items, Treasures 4 Charity will pay WH Kitchen 70% of the selling price! The store also accepts china, jewelry, lamps, artwork, handbags, and more.

All donations are tax deductible. Treasures 4 Charity is at
2723 Woodburn Ave in East Walnut Hills.

Learn more at www.treasures4charity.net or call 513-221-0555.



Our Food and Supplies Donors

Please patronize these businesses which support our mission for serving the hungry! These organizations consistently and caringly donate supplies and food throughout the year. We could never afford to pay for all the donations we receive. Tell them you saw their name here!

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| Action Ministries | Firestone, Norwood | Giminetti Baking Company | Matthew 25 Ministries |
| The Bonbonerie Fine Pastries | Frisch's Commissary | Harrison Home Bakery | Presto Foods |
| Byrnes Printing Works, Inc. | GFS Marketplace, | JTM Food Group | Richie's Restaurant |
| Cincinnati Catering | Fields Ertel Road | The Kroger Company | Servatii Pastry Shop and Deli |
| Duro Bag | GFS Marketplace, | Libby's Gourmet Desserts | Trader Joe's, Kenwood |
| Ferrari's Little Italy and Bakery | Fields Kenwood Road | Mary Jane Brownie Company | Zwanenberg Food Group |

Try A Day With Us

513-961-1983, ext 2 or aposervice02@gmail.com

Opportunities at both Kitchens Tuesday, Wednesday, &/or Thursday:

Preparation 9:00 - 11:30 a.m. and/or
Serving 12:00 - 1:00 p.m. and/or
Clean up 1:00 - 2:00 p.m. and/or spend the day with us!

• **Opportunities at Pantry on Tuesday, Wednesday, and/or Thursday:**

Bag groceries, stock shelves 9:00 - 11:00 a.m. or 10:00 a.m. - 12:00 p.m.
Finish bag preparation, distribute groceries to guests 1:30 - 3:30 p.m.

• **Pick up donations on Tuesday, Wednesday, and/or Thursday:**

Requires a valid driver's license. Use our cargo van.
9:00 a.m. - approx. 12:00 p.m. (depending on the number of pick ups)

2013 Annual Report is available and will be posted on our website soon. The Annual Report provides financial and operational information and publically thanks each donor. To request a copy, contact us at 513-961-1983, extension 2 or aposervice02@gmail.com

Pleased to Meet You!

If your congregation, club, or association would like to learn more about how the hungry are served by the Over-The-Rhine and Walnut Hills Kitchens and Pantry, we have experienced speakers who would love to introduce your group to our mission and provide a behind-the-scenes look at how the kitchens and pantry take care of the poor.

Recent Events:

- ♥ Carol Shore and Temple Sholom included us in their Social Action Shabbat to hear voices of the community and become aware of social action opportunities available.
- ♥ Lakeview Church of Christ was introduced to our work among the poor, thanks to Tom and Ruthie McCormack.