



# Kitchen Bites and Pantry Delites June 2016

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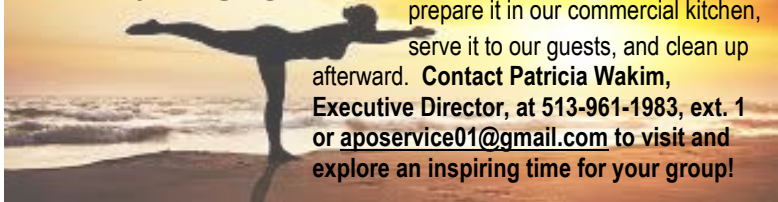
**#68688**

Over-The-Rhine and Walnut Hills Kitchens and Pantry

Our thanks to just nine households who registered their Kroger Plus loyalty cards for Kroger Community Rewards®. A **\$231.30 donation** was created by their regular grocery shopping from February to April this year – wow! We don't know the identities of these families but their everyday shopping and swiping their Plus Card added up for us in the Kroger Community Rewards Program. Each year Kroger offers millions of dollars in community support – but only if everyone signs up! Kroger has been a supporter of the Kitchens and Pantry for many years, so we ask you to shop Kroger and support us by registering your Plus Card. Your efforts make us successful in serving those in need of a meal or groceries. You can also safely and securely donate at: [www.overtherhinekitchen.org](http://www.overtherhinekitchen.org) and click "Make a Donation" ... or send a check to: OTR and WH Kitchens and Pantry, P.O. Box 6045, Cincinnati, OH 45206. Thank you for your unwavering support for our Kitchens and Pantry. We are grateful to our "family" of awesome supporters! ♪ Patricia Wakim, Executive Director



## Weekend Warriors



**One opening** is available for a group of family, faith, or friends the 1<sup>st</sup> Saturday, even months, beginning in August, to provide a meal at the OTR Kitchen. Your group would bring in food, prepare it in our commercial kitchen, serve it to our guests, and clean up afterward. **Contact Patricia Wakim, Executive Director, at 513-961-1983, ext. 1 or [aposervice01@gmail.com](mailto:aposervice01@gmail.com) to visit and explore an inspiring time for your group!**

## Esly and Judy Caldwell

shared their joy with the Walnut Hills Kitchen Easter Sunday by generously providing spiral cut hams, served with macaroni and cheese and green beans from **Christ the King Church**. Thank you all!

## Easter Joy

## Caring High Schoolers

♥ WH Kitchen was recently chosen to receive funds from **Magnified Giving**, a non-profit partnering with **Moeller High School**. Student groups were given \$3,000 to invest locally. Students researched causes that touched their hearts, then volunteered, interviewed our Executive Director, and chose to award Walnut Hills Kitchen \$500. Thank you, Moeller students!

♥ **If you know a high schooler who needs volunteer hours with a non-profit agency**, contact us 513-961-1983, ext. 1 or [aposervice01@gmail.com](mailto:aposervice01@gmail.com).

## Try A Day With Us

513-961-1983, ext 2 or [aposervice02@gmail.com](mailto:aposervice02@gmail.com)

- **Opportunities at both Kitchens Tuesday, Wednesday, &/or Thursday:**  
Preparation 9:00 - 11:30 a.m. and/or  
Serving 12:00 - 1:00 p.m. and/or  
Clean up 1:00 - 1:45 p.m. and/or spend the day with us!
- **Opportunities at Pantry on Tuesday, Wednesday, and/or Thursday:**  
Bag groceries, stock shelves 9:00 - 11:30 a.m. or 10:00 - 11:30 a.m.  
Finish bag preparation, distribute groceries to guests 1:30 - 3:30 p.m.
- **Pick up donations on Tuesday, Wednesday, and/or Thursday:**  
Requires a valid driver's license. Use our cargo van.  
9:00 a.m. – approx. 12:00 p.m. (depending on the number of pick-ups)

## \* Clean Challenge \*

A year ago we asked, "**Will You Help us Clean Up?**" explaining that only very infrequently are we able to offer our pantry guests a few, precious hygiene items beyond regular groceries. Our guests value these items because they are genuinely needed and cannot be purchased with a SNAP card (food stamps). We asked for your help so we could provide basic cleaning/hygiene items once every quarter to our 360 pantry households (totaling about 1080 people) and called it: **The Clean Challenge!** You have been blessing our guests with just what is needed: **Laundry detergent/pods, soap, toothbrushes, toothpaste, and other items. Please continue! Our guests are so grateful!**



Click to read: **10 Things You Can't Buy With Food Stamps** (laundry detergent, soap, toothbrushes/toothpaste/floss, diapers, tampons/pads, deodorant, cleaning products, toilet paper, lotion/powder/sunscreen/lip balm).



## Bags of Thanks

- ♥ For providing prized, personal care items for our guests, we thank **Mrs. Brown, Arlene Conlon, & others**
- ♥ **Isaac M. Wise Temple** once again gave us gallons of delicious chicken noodle soups from the Temple Brotherhood's 12<sup>th</sup> Annual Cincinnati Chicken Soup Cook Off soup tasting to help the homeless. Geshmak! We served soup one day and used it to make a lovely stew for our guests a different day. No waste here!
- ♥ Bags of thanks to those helping fulfill our **Wish List: Ruth & Tom McCormack, Mary Jefferies, & Weekend Warriors**
- ♥ We salute the consistency of the **CEO and staff of Integrity Express Logistics of Cincinnati** for serving each month at the WH Kitchen. You are delightful and productive volunteers - Thank you!
- ♥ Bounteous thanks to the **Church of the Resurrection** who dropped off a huge donation of fruits, carrots, potatoes, other vegetables, pies, cakes, bread, pastries, and many other goodies. You have blessed us abundantly!
- ♥ Thank you **Girl Scouts** for 20 boxes of "leftover" cookies given to the Pantry (as if Girl Scout cookies are ever leftover ☺)

**Thank You Weekday Volunteers** *Weekday volunteers are the hands and hearts that pick up donations, prepare food, cook, serve, and clean up in the Kitchens, as well as stock shelves, pack bags, and distribute groceries at the Pantry. We could not run the Kitchens and Pantry without our wonderful volunteers! We salute each of them for giving of themselves to serve those that have so little.*

David Angevine  
Mary Apke  
Valerie Badinghaus  
Marley Belair  
Tom Brinkman  
Gary Bryson  
Judy and Eslly Caldwell

Sandy and Tom Deters  
Pete Djuric  
Jane Doster  
Dolores Goldfinger  
Patsy Grote  
Emma Grothaus  
Germaine Hale

Bill Hoffman  
Integrity Express Logistics  
Mary Jefferies  
M/I Homes  
Dee Mason  
Ruth & Tom McCormack  
David Ness

Rita Nzinga  
Joyce Rohan  
Diane Rohs  
Michael Schultz  
Seasons Retirement  
Community  
Jean Sepate

Julia Sheatzley, C.S.J.  
Judy Stober  
Diane Sweeny  
Ariyale Twitty  
David Van Schoik  
Ruth Waldron  
David Zinnie

## Out of the Fire: The Numbers

An electrical fire from the restroom fan began overnight **October 4, 2015**, at OTR, damaging that corner of the building and creating substantial smoke. We thank the City of Cincinnati fire fighters! While the building was closed for **147 days**, the OTR staff and volunteers **NEVER** missed serving a meal, ever [0]! Insurance paid **100%** of repairs, cleaning, food, and equipment, but about **\$6,800** in repairs/failures have occurred since then – likely from moving older equipment into storage and back, as well as miscellaneous breaks and repairs. **If you are able to help us, please consider it!**

## Our Wish List

- ♥ 9" (or larger) plastic or foam plates
- ♥ ¼ lb. size paper food trays (paper "boats")
- ♥ 8 oz. paper or foam cups
- ♥ Plastic forks
- ♥ Paper napkins
- ♥ Square-bottom, large, heavy paper grocery bags
- ♥ 1 quart size zip top bags
- ♥ 60 gallon trash bags
- ♥ Plastic grocery bags



## Out of the Fire

To give our readers a glimpse of what this experience was like, here are a few comments from our guests, volunteers and staff from the OTR Kitchen:

*After the fire, I thought the kitchen would be closed but to my surprise the staff and volunteers made our lunches at their other kitchen and brought them here to us so we wouldn't be hungry. They never missed a day - came when it rained, snowed or sunshine. Thanks OTR Kitchen. Anthony Walker, OTR Kitchen Guest P.S. The lunches are very good!!!*

*I want to give thanks to Over-The-Rhine Kitchen. We didn't know what to do after the fire. But the Lord works in His ways to look after the hungry. Thank you for the staff that came out during the cold to feed the people. I'm very thankful. Deborah Phillips, OTR Kitchen Guest*

*Even when a fire closed the Over-The-Rhine Kitchen for 5 months in the fall and winter of 2015-16, no lunch was missed. The staff and eager volunteers made lunches at WH Kitchen and served them outside of the OTR Kitchen... Weekend Warrior volunteers prepared lunches in their homes to maintain unbroken service... Those of us, fortunate enough to be a part of this wonderful mission, enjoy each opportunity to serve. Judy Caldwell, Weekday Volunteer & Weekend Warrior*

*Once everyone realized our commitment to our mission, regardless of the fire, the support we received was amazing. We are so grateful to everyone! Special thanks to our firefighters! Patricia Wakim, Executive Director*