



Kitchen Bites and Pantry Delights

October 2016

• Grateful •
Thankful
~ Blessed ~



Dear Friends,

We are enjoying the fall and feeling very grateful for you, our dear friends and supporters. This has been an eventful year in getting OTR Kitchen back in service and rolling out our hygiene program at the Pantry. Both were received with big excitement from our guests who count on us to help them make ends meet each month.

\$2.08/meal Did you know we are able to stretch your gift and serve one meal for only **about \$2.08** - How!?! Because many people, groups, and companies provide food and supplies, volunteer, donate, and serve. That means your gift of \$600 will serve a meal to every guest one day; \$50 will serve a meal to two dozen guests.

Your donations are tax deductible and 92% of each gift goes directly toward our programs. Please visit www.overtherhinekitchen.org clicking on "Make a Donation" or send a check to: OTR and WH Kitchens and Pantry, P.O. Box 6045, Cincinnati, OH 45206. Wishing you and your family a warm and blessed Thanksgiving,

Patricia Wakim, Executive Director



Did you know most hygiene items cannot be purchased with a SNAP card (food stamps)? Twice this year, you have allowed us to offer hygiene items, beyond regular groceries, to each of our **360 monthly pantry households**, including toothpaste, toothbrushes, laundry detergent, mouthwash, bar soap, and toilet paper. Thank you! If you would like to participate, we are collecting items in October and November and will distribute them in December. Please bubble up!

10 Things You Can't Buy With Food Stamps
(laundry detergent, soap, toothbrushes, toothpaste, floss, diapers, tampons/pads, deodorant, cleaning products, toilet paper, hair care products, lotion, powder, sunscreen, lip balm)



This month the Over-The-Rhine Kitchen was honored as a **Champion of Mercy** by Catholic Charities Southwestern Ohio, who referred to the work of the Kitchen as "humbling" and "inspiring." We were moved by OTR Board member **Sr. Aloyse Gerhardtstein** who nominated us for this honor. The mission of the Kitchens and Pantry is consistent with Catholic Charities' focus on engaging our community to see God's love for the poor; serving and inviting the community to serve the poor; and empowering the community so all God's children rise from spiritual and material poverty.

http:// **IF** you haven't looked lately, please visit our website at www.overtherhinekitchen.org for new photos, donor site, and our last three years of Annual Reports. **Paul Schliesser of Pixel Panache** redesigned our site. We welcome you to look at us closely!

Also check us out on Facebook at [Over-The-Rhine-Kitchen](https://www.facebook.com/Over-The-Rhine-Kitchen)



Bags of Thanks to...



- ♥ **Temple Shalom** for providing a huge volume of canned goods and hygiene products!
- ♥ **Bill McBride** (photo on right) who replaced our malfunctioning, commercial can opener at the OTR Kitchen with a brand new "cutting edge" model!
- ♥ **Jim's Bicycle Shop** for repairing a bike for the young son of one of our WH Kitchen and Pantry guests – a delightful surprise!
- ♥ **Ronald Vieira** from Guildhaus (next door to OTR) who volunteered and brought his friends!
- ♥ **Carole Rawlins and the employees of The E. W. Scripps Company** who donated dozens of sandwiches and bags of cookies – a wonderful treat for our guests!
- ♥ **Church of the Resurrection** who shared their oversupply of many foods. We appreciate your gracious spirit!



Weekend Warriors

We warmly salute these compassionate volunteers who donate their time, talents, and resources each Saturday, Sunday, and Monday by providing a hot meal at the OTR and WH Kitchens.

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| Adath Israel | McBride Family and Friends |
| All Saints Catholic Church | Molina Healthcare |
| Beth Adam | New Jerusalem Baptist Church |
| Board of Directors of OTR/WH | New Vision Missionary Baptist Church |
| Brown Chapel AME Church | Northern Hills Synagogue |
| Eslly and Judy Caldwell | Norwood Knights of Columbus |
| Congregation Etz Chaim | Laura and Peter Roberts and Friends |
| Crestview Presbyterian Church | Rockdale Temple |
| Sally & Paul Derrick Family/Friends | St. Gertrude Church |
| EPA Administrative Workers | St. James Father's Ministry |
| Faith Presbyterian Church | St. Mary Hyde Park Church |
| Tom and Missy Frank and Friends | St. Rose Church |
| Maria Deacon/Pat Davis (GE Aviation) | St. Saviour Parish |
| Golf Manor Synagogue | St. Timothy Episcopal Church |
| Immaculate Heart of Mary | Sepate Family & Friends |
| Immanuel United Church of Christ | Sisrah Circle of Cincinnati |
| Isaac M. Wise Temple | Summerside United Methodist Church |
| Klemme's Corner UCC | Temple Shalom |
| Lakeview United Church of Christ | Turning Point Church |
| Leading Ladies Christian Ministry | Tylersville Road Christian Church |
| Dee Mason and Michael Schultz | Valley Temple |

Join Us!

If you have compassion for the poor, YOU have "the right stuff"! Weekend Warriors bring food, prepare it in our commercial kitchen, serve it, and clean up afterward. Your group would provide the volunteers, food, and plates/cups/etc.

New Opportunities

OTR Kitchen: 1st Saturday of even months, lunch, served noon-1pm, Dec, Feb, Apr, Jun, Aug, Oct, Dec.

WH Kitchen: 1st Saturday of even months, dinner, served 3-4pm, Feb, Apr, Jun, Aug, Oct, Dec.

Visit and explore a unique, inspiring time for your group! Contact Patricia Wakim, Executive Director, at 513-961-1983, ext. 1 or aposervice01@gmail.com.

Try A Day With Us

513-961-1983, ext 2 or aposervice02@gmail.com

•Opportunities at both Kitchens Tuesday, Wednesday, &/or Thursday:

Preparation 9:00 - 11:30 a.m. and/or
 Serving 12:00 - 1:00 p.m. and/or
 Clean up 1:00 - 2:00 p.m. and/or spend the day with us!

•Opportunities at Pantry on Tuesday, Wednesday, and/or Thursday:

Bag groceries, stock shelves 9:00 - 11:00 a.m. or 10:00 a.m. - 12:00 p.m.
 Finish bag preparation, distribute groceries to guests 1:30 - 3:30 p.m.

•Pick up donations on Tuesday, Wednesday, and/or Thursday:

Requires a valid driver's license. Use our cargo van.
 9:00 a.m. – approx. 12:00 p.m. (depending on the number of pick ups)

Kitchen Wish List

- ♥ 9" (or larger) plastic or foam plates
- ♥ ¼ lb. size paper food trays/paper "boats" (see photo at right)
- ♥ 8 oz. paper or foam cups
- ♥ Plastic forks
- ♥ Paper napkins
- ♥ Square-bottom, large, heavy paper grocery bags
- ♥ 1 quart size zip top bags
- ♥ 60 gallon trash bags
- ♥ Plastic grocery bags

